



**Changing Children's
Worlds Foundation**
411 Stevens Street
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CHANGING CHILDREN'S WORLDS FOUNDATION
International CHILD/PARENT DEVELOPMENT Program (ICDP-USA)

Facilitator Training Workshop: (Part One: 3 days: 17.5 NASW CE Hours)

Dates: October 16, 17 & 19, 2015

Early Childhood & Primary School Educators, Social Workers, Psychologists, Counselors, Occupational Therapists, and Child Care & Community Workers

Location:

Kane County Health Department, 1240 N. Highland Avenue, Suite 13, Aurora, IL 60506

DATE	TIME
Day 1: Friday, October 16	8:30am Registration, 9am-5pm Session
Day 2: Saturday, October 17	8:45pm arrival, 9-5pm Session
Day 3: Monday, October 19	8:45am arrival, 9am-4pm Session

The International Child Development Program-USA

ICDP is a simple program, which builds the capacity of parents and caregivers to use empathy in child rearing interactions and communications. This includes establishing positive emotional connections, communications and self-control. It can be taught to parents, counselors, and staff to facilitate with groups in schools, agencies, communities and park districts as a universally positive developmental program, especially helpful to those who did not have positive parent role-modeling or face family/social challenges. The ICDP program impacts those who learn it - in very positive ways, from professionals, caregivers/parents to children.

The goals of ICDP are to strengthen social/emotional learning & modeling of parents/caregivers to help their children with emotional communications and interaction, to help them to learn and lead, and to help them develop problem-solving skills, self-control/self-discipline, and responsibility, aiming:

- 1) To influence the caregiver's experience of the child in a positive way, so that the caregiver can identify with and 'feel with the child', sense the child's state and needs, and adjust her/his caring actions to the child's needs and initiatives so the child may develop trust in the caregiver.
- 2) To strengthen self-confidence in the caregiver-including being emotionally available to children, family, helping children feel valued and able to model this behavior.
- 3) To give children the opportunity to be heard, listened to and responded to by opening up a space for meaningful dialogues with adults, helping children learn to enjoy learning and to communicate more positively.
- 4) To give children opportunities to follow their own initiatives giving them support when needed, but without taking over the control of the situation from the children, assisting in their positive development.
- 5) To help the parent model self-control, respect and a moral understanding for the child, paving the way for the child to develop positive communications and relationships which contribute to their ability to reduce aggressive interactions and function safely in school and in their communities, as well as to support positive discipline.

ICDP Overview & Objectives

Professional Proficiencies Gained:

- (1) Competency in the ICDP-USA internationally recognized seven facilitator sensitization principles which are transferable to all facilitation contexts.
 - a. Establishing trust. b. Redefinition of the child. c. Activating empathy. d. Confirming caregiver competence.
 - e. Defining good interaction. f. Attentive listening. g. Using three styles of communication to caregivers.
- (2) Facilitate learning of emotional, comprehension, and regulatory interaction and the 8 ICDP USA guidelines.
- (3) Strengthen competencies in working teachers and the parents to create a more positive inter-subjective climate in the classroom and to help create better communication between pupils and their parents.
- (4) Identify and raise awareness for the needs of vulnerable children and families.
- (5) Strengthen psycho-social and educational caring skills.

Results Targeted In Caregivers/Parents:

- (1) Increased self- insight, understanding and awareness on the part of the caregivers for the positive qualities of care that should and could exist between them and the child.
- (2) A stronger sense of self- confidence in their roles as caregivers.
- (3) Improved skills in observing and understanding their children's reactions.
- (4) Empathy-based communication with their children as they better understand their children's point of view, feelings and intentions.

Results Observed In Children:

- (1) Children's feelings towards caregivers become more positive than before.
- (2) Children become emotionally more secure, open and confident.
- (3) Children begin to develop a wider vocabulary.
- (4) Children become more imaginative and creative and they start seeking explanations as well as asking questions, more than before.
- (5) Children learn how to plan and reflect more before acting.
- (6) Children manage to control their behavior better, feel respect for others and are better able to cooperate with others.

Registration for October 16, 17, 19, 2015 ICDP-USA Facilitator Workshop Deadline/Payment Due: Friday, October 2, 2015

Facilitator Trainee Name/Degree: _____

Organization: _____ Title: _____

Position/Role at Organization: _____

Address: _____ City: _____ Zip Code: _____

Email: _____ Telephone: _____

\$ 300 Practitioners Workshop Fee* \$ 150 Optional Fee for Facilitators Parent/Child Booklet Sets (7)

\$ 85 Scholarship Rate** For further inquiry, please email us at registration@changingchildrensworlds.org

*Fee includes facilitator workshop training, educational resources, parent/child booklet sets per facilitator

**Qualifying organizations affiliated with Aurora school districts and/or institutions/agencies can apply for the \$85 Scholarship Rate by emailing Annette Cowart at acowartccwf@gmail.com with application information from above.

PAYMENT METHODS:

1. Make Check to Changing Children's Worlds Foundation (CCWF)
2. Cash in advance paid at CCWF office
3. Pay online by going to: https://www.flipcause.com/widget/event_step2/MzQw/816
4. Credit Card: Fill out below: **or** Check Attached Amount _____

Name: _____

-- Charge Credit Card AmEx MC V CV Code _____

Credit Card# _____ Exp. Date _____ Zip Code _____

Signature: _____ Tel # _____

Example Curriculum for Parents/Caregivers

UNIT 1		
WEEK 1	Introduction	Explore conceptions about children, about the caregiver's role and about childrearing activities. Children may be present.
WEEK 2	Caregiving Traditions	Reactivate positive aspects in local childrearing practices and traditions.
WEEK 3	Empathy/ Emotional Interaction	Explore the concept of empathy and its critical role in effectively communicating with children. Explore the concept of caregiver/child attunement and its essential role in child's emotional development.
WEEK 4	The Three ICDP Dialogues	Emotional Dialogue: Explore elements of good emotional communication—giving love, praise and approval, allowing the child to lead, which leads to the child's self-confidence and positive development. Comprehension Dialogue: Explore communication that describes and expands the child's understanding of the world. Regulation Dialogue: Explore how to positively regulate children's behavior, set limits.
WEEK 5	ICDP Emotional Guidelines (1-4)	Guideline 1: How do you show positive feelings, that you love your child?
WEEK 6		Guideline 2: How do you follow and respond to the initiatives of your child?
WEEK 7		Guideline 3: How do you hold a meaningful dialogue with your child with and without words?
WEEK 8		Guideline 4: How do you give praise and approval for what your child does?
UNIT 2		
WEEK 9	ICDP Comprehension Guidelines (5-7)	Guideline 5: How do you share experiences and help your child to focus their attention?
WEEK 10		Guideline 6: How do you describe and give meaning to your child's experiences and show enthusiasm for your child's experiences?
WEEK 11		Guideline 7: How do you expand and enrich your child's experiences by connecting topics and by making connections through imagination and logic?
WEEK 12	ICDP Regulative Guidelines (8a-8d)	Guideline 8A: How do you set boundaries and support your child to plan step-by-step to develop self-control?
WEEK 13		Guideline 8B: How do you support your child with gradual support (scaffolding) to encourage their initiative?
WEEK 14		Guideline 8C: Situational Regulation: How do you use situations and set routines to guide behavior?
WEEK 15		Guideline 8D: Self-Discipline: How do you positively set consequences to develop responsibility and moral understanding?
WEEK 16	Conclusion/ Planning Session	Develop and present interactive videos of caregiver-child interactions. Children may be present. ICDP program evaluation. Group continuation discussion.

The ICDP Program Training follows an experience-based process. This includes:

- Facilitator Training Workshop 1 (3 days)
 - Introduction and Practice on Empathy-based Parenting/Relationship curriculum and Psychosocial Program Methodology
 - Training on how to conduct a Workshop
 - Active participation and training as peer leaders (use of the Educational Books, ToolKit and other resources)
- Pilot Program (practicum)
 - 6-10 adults and 6-10 children over 8-9 weeks within facilitator community
- Facilitator Workshop 2 (1.5 days)
 - Advanced Training on topics within Curriculum
 - Facilitation Methodologies as peer leaders.
- Full Parent/Caregiver Learning Groups (final practicum)
 - 10-16 parents + 10-16 children, 12-16 week series.
- Facilitator Certification Workshop 3 (1 day)