

PARENT SURVIVAL GUIDE:

Social Media

Tips & tricks to monitor your child's online activity

MONITORING CONSIDERATIONS FOR PARENTS

- Know who your child is connecting with online and what apps/programs they are accessing
- Talk about appropriate online behavior expectations and the consequences of inappropriate behavior
- Request passwords to review accounts on a random basis
- Hold youth accountable for their behavior online
- Review your child's posts and the posts of their friends
- Stay up to date on the latest social media & internet trends; they are quickly outdated
- Take time to learn the social media apps your kids are using
- Ask your child about their activity online and have them teach you about what they are doing

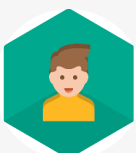
MONITORING APPS



Net Nanny



Norton Family Premier



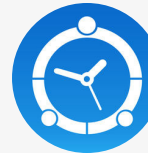
Kaspersky Safe Kids



Qustodio



OurPact



FamilyTime

Parents can call their phone carrier to ask about available monitoring apps.

This is not an exhaustive list of monitoring apps; parents are encouraged to do their own review based on the needs of their families.

RESOURCES FOR PARENTS

To stay informed about social media & internet activity

- <https://smartsocial.com>
- <https://www.fosi.org>
- <https://www.connectsafely.org/>
- <https://savvycyberkids.org/>
- Federal Trade Commission - OnGuard Online
- Department of Human Services - Stop.Think.Connect
- Internet Matters - Social Media Guides

VAULT APPS

Apps that are used to hide other apps that may be restricted by parents. These can look like the calculator or camera app. Names of apps include: Applock, Hide It Pro, etc.

OTHER APPS

- | | |
|--------------|---------|
| Stumble Upon | TikTok |
| Reddit | Bumble |
| Tumblr | Kik |
| Musicly | YikYak |
| Gab | Discord |

GAMING

Many games now involve communicating with friends either live through a headset or via a chat feature.

Minecraft • Fortnite • Overwatch

POPULAR SOCIAL MEDIA APPS

TWITTER



Users interact with each other through communication known as "tweets". Can create posts and follow others. Request to "follow" must be approved by the account user. Tweets are visible to anyone following the individual initiating the post.

Users interact with each other by posting a status and/or picture. Can also send private message that is only visible to the recipient. Users can be selective in who is able to view their public post.

FACEBOOK



INSTAGRAM



Users interact with each other by posting images and/or videos with captions offering explanation of the image. Including a hashtag (#) links the picture to that particular hashtag.

Users interact with each other by sending "snaps", images that appear for 10 seconds or less and cannot be retrieved by the average user once they have been viewed. Users can also connect in a chat section that also disappears within seconds.

SNAPCHAT



PINTEREST



Users "pin" items of interest ranging from clothing to recipes to home decor, the list goes on. Includes a chat feature that allows users to share pins and private messages.

Users can interact by sending messages or using a voice feature (similar to a phone call) over an Internet IP address. Can also include video calls.

WHATSAPP



YOUTUBE



Users can search and watch videos. Can also upload original content to be shared with friends, family, and others on the web.

Used through Snapchat, users can ask or be asked anonymous questions. Responses are posted through Snapchat "stories".

YOLO

